



Summer Employment Guidelines for Florida Minors

As summer gets underway, many Florida students will begin seeking summer employment opportunities. These young workers play an important role in supporting businesses across the state, particularly within Florida's tourism and seasonal industries. Employers, parents, and minors should be familiar with Florida's child labor laws to help ensure safe and lawful employment practices.

The Florida Department of Business and Professional Regulation's Child Labor Program is committed to protecting the health, education, and welfare of working minors. Florida and federal child labor laws establish restrictions on the hours minors may work, with expanded allowances during periods when school is not in session.

Summer Work Hour Guidelines

(When school is not in session: June 1 through Labor Day, or according to the local school calendar)

Minors Ages 14–15

- May work up to 8 hours per day
- May work up to 40 hours per week
- Permitted work hours are between 7:00 a.m. and 9:00 p.m.
- Not permitted to work more than 6 consecutive days in any one week.

Minors Ages 16–17

- May work unlimited hours while school is not in session

***Minors 14/15 must be given a 30-minute break after working 4 consecutive hours, applicable to 17/16 years of age when working 8 or more hours in one day [450.081](4)]**

During the school year, additional hour restrictions apply, and minors may only work limited hours on school days.

Employers are encouraged to review all applicable child labor requirements and ensure workplace policies comply with state law. Promoting safe and lawful employment practices is a shared responsibility that benefits Florida's youth, families, and businesses alike.

For additional information about Florida's child labor laws or to report a possible violation, please contact the Child Labor Program at:

- (800) 226-2536
- (850) 488-3131

Additional resources are available at [MyFloridaLicense.com](https://www.myfloridalicense.com).

The Department appreciates the continued cooperation of Florida employers in helping provide safe, valuable work experiences for the state's young workforce.